



## Contents of Chapter 20

- 20.1 Contents of Chapter 20
- 20.2 Introduction — Stress and Coping
- 20.3 How Extension Faculty Can Help Reduce Disaster-Related Stress

### Organizing Groups

- 20.4 Organizing Services
- 20.5 Organizing Support Groups
- 20.6 Focus Groups
- 20.7 Coalition Formation — How to Create a Coalition on  
Disaster Recovery

### Stress and Recovery

- 20.8 Common Responses to Disasters or Traumatic Events
- 20.9 Adult Recovery Needs — Emotional Reactions
- 20.10 Conflict in Times of Stress
- 20.11 Children's Recovery Needs — Recognizing Stress in Children
- 20.12 Strategies to Help Children Manage Stress
- 20.13 Advice for Parents — Helping Your Child
- 20.14 General Guidelines for Teachers
- 20.15 List of Books for Children and Adolescents

This document is IFAS  
publication DH 2001.